



# 21 DAYS OF POSSIBLE

JAN. 5-26TH



## WEEK 1 | THE LORD'S PRAYER

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed.

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..." **LUKE 11:1 NIV**

"...Our Father in Heaven, hallowed be Your name, Your Kingdom come, Your will be done on earth as it is in Heaven. Give us this day our daily bread, And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen." **MATTHEW 6:9-13 NKJV**

### DAY 1 | CONNECT WITH GOD RELATIONALLY

#### "OUR FATHER IN HEAVEN..."

So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father." **ROMANS 8:15 NLT**

God loves for us to come to Him in this way—as His children who love Him and want to spend time with Him. Proclaim your personal relationship with God, addressing Him as your loving Father and thanking Him that you are His child.

### DAY 2 | WORSHIP HIS NAME

#### "...HALLOWED BE YOUR NAME..."

There is power in God's name. Here is a list of some of His names to help us worship Him specifically and personally:

- God is Righteousness—He makes me clean
- God is Sanctifier—He has called me and set me apart
- God is Healer—He heals all my diseases
- God is Banner of Victory—He defeated my enemies
- God is Shepherd—He speaks to me and leads me
- God is Peace—He is my peace in every storm
- God is Provider—He supplies all of my needs

The name of the LORD is a strong tower; the righteous man runs into it and is safe. **PROVERBS 18:10 ESV**

Speak God's names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great He is.

### DAY 3 | PRAY HIS AGENDA FIRST

#### "...YOUR KINGDOM COME. YOUR WILL BE DONE ON EARTH AS IT IS IN HEAVEN..."

We know God's will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first.

He will always give you all you need from day to day if you will make the Kingdom of God your primary concern. **LUKE 12:31 TLB**

Spend time focusing on what God is focused on. His priorities include:

- The whole world to know Jesus
- Blessing for those in authority—parental, spiritual, governmental, work-related, school
- Caring for the poor
- The Church around the world
- Freedom for those in bondage
- Accomplishing His purpose in our lives

### DAY 4 | DEPEND ON HIM FOR EVERYTHING

#### "...GIVE US THIS DAY OUR DAILY BREAD..."

God promises to supply all our needs, and He helps us to trust Him to provide.

I look up to the mountains—does my help come from there? My help comes from the LORD, who made Heaven and earth! **PSALM 121:1-2 NLT**

Ask God for what you need today. Bring your requests to Him, and trust Him enough to hand them over to Him fully. It may help to open your hands before God to physically show your surrender to Him. Problems can either be ours or God's; they can't be both.

#### 10 PRAYER FOCUSES

- Faith Life
- Marriage/Dating Life
- Family Life
- Work/School Life
- Ministry Life
- Financial Life
- Physical Life
- Social Life
- Attitudinal Life
- Emotional/Mental Life

### DAY 5 | FORGIVE AND BE FORGIVEN

#### "...FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS..."

When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well.

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. **1 JOHN 1:9 NIV**

Ask God to check your heart and life and show you areas where you might need to ask for His forgiveness. Ask Him to forgive you and to help you forgive others. We can even choose to forgive people in advance!

### DAY 6 | ENGAGE IN SPIRITUAL WARFARE

#### "...AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE..."

The Bible makes it clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. **EPHESIANS 6:12 NIV**

Ask God to show you any lies you're believing or spiritual warfare happening in your life, expose the enemy, and help you understand and receive His truth. Simply speaking the name of Jesus has great power in the spiritual realm. The Bible tells us in James 4:7 that if we resist the devil, he will flee from us. Through prayer, we can resist him and walk forward in freedom.

### DAY 7 | EXPRESS FAITH IN GOD'S POWER

#### "...FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER..."

Ending our prayer time by claiming God's authority and power helps focus our minds on the truth and hope of who He is and what He can do. Remind yourself of God's power and then return to praising Him and declaring your faith in Him.

"Yours is the Kingdom" – all authority belongs to You "Yours is the Power" – all mightiness flows from You "Yours is the Glory" – Your victory will be complete

"Ah, Sovereign LORD, You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You." **JEREMIAH 32:17 NIV**

### WEEK 2 | TABERNACLE PRAYER

In the Old Testament, the Tabernacle was the dwelling place of God, built to His specifications, where He would meet with His people, the Israelites. As they entered the Tabernacle, they passed through seven stations, following God's instructions, to experience His presence. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. This prayer model will take us through each station of the Tabernacle and use the purpose of each station to guide our prayers.

### DAY 8 | THE OUTER COURT

#### THANKSGIVING AND PRAISE

The Israelites entered the Tabernacle with thanksgiving and praise, and we can start our prayer time the same way.

Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name. **PSALM 100:4 NIV**

Think of a fresh reason to thank God. You can write down a list, sing your own song of praise, or just spend time reflecting on your gratitude and praise toward God.

### DAY 9 | THE BRAZEN ALTAR

#### THE CROSS OF JESUS

In the Old Testament, everyone had to regularly bring animal sacrifices to the Tabernacle as payment for their sins. Today, we don't have to do that because Jesus paid for our sins once and for all with His blood on the cross.

Praise the LORD, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's. **PSALM 103:2-5 NIV**

Thank God for the gift of Jesus. Thank Jesus for His sacrifice and love. Let the power of the cross and what it means settle in your spirit. In addition to expressing your gratitude, claim the power of transformation and healing that the cross of Jesus has in your life.

The cross provides us with five major benefits:

- Salvation—God forgives all my sins
- Healing—God heals all my diseases
- Redemption—God rescues me and restores me
- Transformation—God changes me into His likeness
- Blessing—God provides everything I need

### DAY 10 | THE LAVER

#### CLEANSING AND PREPARING

The next step in the Tabernacle was a bowl of water where people would wash themselves before proceeding any closer to the holiness of God. For us, this represents checking our hearts and motives and surrendering our lives to God as an important part of daily prayer.

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. **ROMANS 12:1 ESV**

Because of Jesus' sacrifice, we can confess our sins to Him and receive complete forgiveness and a fresh start. In prayer, humbly and sincerely turn away from your sins and allow God to cleanse and renew you. Then, surrender your attitude, heart, and mind to Him.

Romans 12:1 directs us to offer our bodies as living sacrifices. Take a moment to reflect on the list below and submit each area as an offering to God:

- My Eyes—What I Look At
- My Ears—What I Listen To
- My Mind—What I Think About
- My Tongue—What I Speak About
- My Hands—What I Do

### DAY 11 | THE CANDLESTICK

#### THE HOLY SPIRIT

The next piece of the Tabernacle was a seven-branched golden candlestick. The fire represents the Holy Spirit and how we are called to be light in the world's darkness.

The Spirit of the LORD will rest on Him—the Spirit of Wisdom and of Understanding, the Spirit of Counsel and of Might, the Spirit of the Knowledge and fear of the LORD... **ISAIAH 11:2 NIV**

When Jesus left the earth, Christians were given the gift of the Holy Spirit. God calls the Holy Spirit our "Advocate." We cannot do what He has called us to do without His supernatural power. It is through His Holy Spirit that God comforts us, guides us, and empowers us.

Pray that you will operate daily in the Fruit of the Spirit: (Galatians 5:22-23)

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-control

Pray that God will give you the Gifts of the Spirit: (1 Corinthians 12:4-11)

- Wisdom
- Knowledge
- Faith
- Gifts of Healing
- Working of Miracles
- Prophecy
- Discerning of Spirits
- Different Kinds of Tongues
- Interpretation of Tongues

### DAY 12 | THE TABLE OF SHOWBREAD

#### THE WORD OF GOD

Next in the Tabernacle was a table of twelve loaves of bread. These represented the importance of reading God's Word for daily truth.

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. **JOSHUA 1:8 NIV**

Take time to read and think about the Word. Claim God's many great promises for your life and the world around you. Ask Him for fresh revelation of His Word. Ask Him for a Word to help you as you go throughout your day. Ask Him to show you how to apply His Word in your life.

### DAY 13 | THE ALTAR OF INCENSE

#### WORSHIP

Finally, a small altar dwelled at the entrance to the Holy of Holies, where God's presence dwelled. As the people of God entered His presence, they worshiped His names. This altar represents worship to and adoration of God.

The name of the LORD is a strong tower; the righteous run to it and are safe. **PROVERBS 18:10 NKJV**

Thank God for making His presence available to you. Praise His names and worship Him personally and specifically for who He is and how He has moved in your life.

- JEHOVAH-TSIDKENU—My Righteousness (Jeremiah 23:6)
- JEHOVAH-MEKODDISHKEM—My Sanctifier (Leviticus 20:7-8)
- JEHOVAH-RAPHA—My Healer (Exodus 15:26)
- JEHOVAH-JIREH—My Provider (Genesis 22:14)
- JEHOVAH-NISSI—My Banner of Victory (Exodus 17:15)
- JEHOVAH-SHALOM—My Peace (Judges 6:24)
- JEHOVAH-RAAH—My Shepherd (Psalm 23:1)
- JEHOVAH-SHAMMAH—My Present Help (Ezekiel 48:35)

### DAY 14 | THE ARK OF THE COVENANT

#### INTERCESSION

The final place in the Tabernacle was the Holy of Holies, where God's presence dwelled. There, the priests would intercede by praying on behalf of the people of God. In the same way, we are called to intercede on behalf of those around us.

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and that pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth. **1 TIMOTHY 2:1-4 NIV**

We can make a difference when we spend time praying for others. Pray for:

- The lost – those far from God
- Those in authority – leaders in church, government, family, workplace/school
- Those who are experiencing hardship – those suffering, the poor, the widowed, and the weak
- My family – both immediate and extended family members
- My church – pastors, small group leaders, members, and missionaries
- My community – people in my city, nation, and world
- My relationships – friends, coworkers, and acquaintances
- My adversaries – those with whom I disagree

### WEEK 3 | PRAYING SCRIPTURE

When we pray the promises of God, we're focusing on God's power and limitless resources rather than the problem or our own limited ability to solve it. Our heavenly Father is bigger than any situation we'll encounter, no matter how painful or scary or uncertain it may seem in the moment. Whatever we're going through, find a verse for the situation and trust God for the result. Pray His promises and trust in His power to be revealed.

### DAY 15 | ASSURANCE, OVERCOMING ANXIETY, & COMFORT

The Word of God is one of the most valuable tools we have to build a dynamic prayer life.

Let's begin with King David's Psalm 23. Take a moment to read it, and then use the below scriptures as a way to pray and have a conversation with God. In the following section, use the scriptures to claim their promises through prayer.

#### ASSURANCE

The LORD is my Shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters. He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. **PSALM 23 NIV**

#### ANXIETY

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. **PHILIPPIANS 4:6-7 NIV**

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. **MATTHEW 6:34 NIV**

#### COMFORT

And we know that in all things God works for the good of those who love Him, who have been called according to His purpose. **ROMANS 8:28 NIV**

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God. **2 CORINTHIANS 1:3-4 NIV**

### DAY 16 | FAITH & FEAR

#### FAITH

Now faith is confidence in what we hope for and assurance about what we do not see. **HEBREWS 11:1 NIV**

Everything is possible for one who believes. **MARK 9:23 NIV**

#### FEAR

The LORD is my strength and gave us does not make us timid, but gives us power, love and self-discipline. **2 TIMOTHY 1:7 NIV**

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. **ISAIAH 41:10 NIV**

### DAY 17 | FORGIVENESS AND FREEDOM

#### FORGIVENESS

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. **EPHESIANS 4:32 NIV**

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgives you. **COLOSSIANS 3:13 NIV**

#### FREEDOM

Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. **2 CORINTHIANS 3:17 NIV**

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. **GALATIANS 5:1 NIV**

### DAY 18 | GUIDANCE & PROTECTION

#### GUIDANCE

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. **PROVERBS 3:5-6 NIV**

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it." **ISAIAH 30:21 NIV**

#### PROTECTION

You will keep in perfect peace those whose minds are steadfast, because they trust in you. Trust in the Lord forever, for the Lord, the Lord Himself, is the Rock eternal. **ISAIAH 26:3-4 NIV**

### DAY 19 | THOUGHTS, GUILT & IDENTITY

#### THOUGHTS

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you. **PHILIPPIANS 4:8-9 NIV**

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—His good, pleasing and perfect will. **ROMANS 12:2 NIV**

#### GUILT/SHAME

Therefore, there is now no condemnation for those who are in Christ Jesus. **ROMANS 8:1 NIV**

"Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool." **ISAIAH 1:18 NIV**

#### WORTH/IDENTITY

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. **EPHESIANS 2:10 NIV**

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. **PSALM 139:14 NIV**

### DAY 20 | HEALING & PROVISION

#### HEALING

Praise the Lord, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases. **PSALM 103:2-3 NIV**

But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was on Him, and by His wounds we are healed. **ISAIAH 53:5 NIV**

#### PROVISION

And my God will meet all your needs according to the riches of His glory in Christ Jesus. **PHILIPPIANS 4:19 NIV**

And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. **2 CORINTHIANS 9:8 NIV**

### DAY 21 | PURPOSE, STRENGTH & VICTORY

#### PURPOSE

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." **JEREMIAH 29:11 NIV**

Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus. **PHILIPPIANS 1:6 NIV**

#### STRENGTH

But He said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. **2 CORINTHIANS 12:9 NIV**

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. **ISAIAH 40:31 NIV**

#### VICTORY

The Lord will fight for you; you need only to be still. **EXODUS 14:14 NIV**

No, in all these things we are more than conquerors through Him who loved us. **ROMANS 8:37 NIV**